The EZ DAM isolation system



Dr. Guillermo Bourget

Dr. Guillermo Bourget was born and raised in Mexico City where he graduated as a dentist from Intercontinental University in 1984 and subsequently completed his postgraduate studies in Endodontics at the Autonomous University of Nuevo Leon, Mexico in 1988.

Dr. Bourget arrived in Canada in May 2011. He subsequently obtained his license to practice dentistry in Canada and is a current member of the College of Dental Surgeons of British Columbia (CDSBC) and the British Columbia Dental Association.

In this interview, we explore how EZ DAM has become an integral part of his day to day practice.



Where did you first see EZ DAM?

I first saw the EZ DAM system at the PDC dental convention. I was walking by the SYNCA booth and I saw the video playing of EZ DAM being used on a patient. They were pouring a full cup of water down the patient's mouth, and EZ DAM was evacuating the water immediately – it was quite impressive!

Who uses it in your practice?

Both of my hygienists and I use it routinely.

What procedures is it used for?

I use it for most for restorative dentistry; composites, crown and bridge preps and cementation. I use it anytime I really want an isolated oral environment. It's great for kids as it really protects the soft tissue as well and I feel safer knowing that, even if they move, the mouth piece is protecting them well. My hygienists use it routinely for restorative, sealants, root planning, scaling and laser treatments.

What would you say are the most important benefits after having used the system for a while now?

- EZ DAM is much easier and faster to use than rubber dam to create an isolated working field, yet equally as effective. Clinicians no longer have to compromise by not using rubber dam and achieve better working conditions.
- The EZ DAM makes it easy to work on both upper and lower quadrants at the same time. It isolates both simultaneously; this is especially useful on children.
- Products that perform multiple functions and do them all well are rare - EZ DAM is one of them. EZ DAM is a tongue retractor, cheek retractor, throat pack, bite block, and hi-volume suction - all in one.

What do patients have to say about the comfort?

Let's face it, nothing we use in dental treatments is comfortable. From rubber dam to cotton rolls, add your fingers, mirrors, handpieces, 2x2s... I get complaints no matter what I do. Patients just have to deal with whatever we decide to use. So why not use something that improves the way you work? It saves me time because it allows me to work uninterrupted. It provides a smoother workflow, and I know my treatments will have better success with improved isolation. The patients are better protected and are more comfortable with the bite block to rest on.

Anything else?

I like the fact that I'm less dependent on my assistant. If my assistant has to help elsewhere, she can go without hesitation.

Also, in certain procedures under GA or nitrous the patient has no gag reflex. If an object were to drop down the patients throat it could block their airway, or they may swallow it. In these cases the most common



method to prevent problems is to place a cotton gauze over the patient's throat opening. EZ DAM now takes care of this problem and keeps the mouth propped open nicely for these types of procedures.

Do you have anything negative to say about the system?

I use it on almost everyone. There was a bit of a learning curve in regards to the manipulation of the handpiece within the mouth, as you now have the mouthpiece as a barrier to the soft tissue. But it's easily displaced and you adapt quickly.

Would you recommend this product?

Yes I would, as I've said before, products that perform multiple functions and do them all well are rare - EZ DAM is one of them. The time I save is worth the \$2 cost and the improved isolation I know is resulting in better dentistry.



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